

VCCL Results - parkrun 2022

Race 4

Saturday, 21 May, 2022

5km

parkrun

Place	Name	#	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
1	Julian Harris 01	132	17:20	16	2:25	0:00	14:55	0:00	3:28	
2	Marcus Boxall	49	17:52	16	2:25	0:15	15:12	0:17	3:34	
3	Elisha Ezard	345	21:35	41	6:10	0:00	15:25	0:30	4:19	
4	Fraser Murray	191	20:32	33	5:00	0:00	15:32	0:37	4:06	
5	Mark Andrews	144	18:19	18	2:45	0:00	15:34	0:39	3:40	
6	Brendan Norden	77	22:13	40	6:00	0:30	15:43	0:48	4:27	
7	Shane Ezard	228	19:35	24	3:40	0:00	15:55	1:00	3:55	
8	Russell Johnson	30	22:48	41	6:10	0:33	16:05	1:10	4:34	
9	Craig Harris	343	20:03	20	3:00	0:21	16:42	1:47	4:01	
10	Leon Brooks	230	21:31	31	4:40	0:00	16:51	1:56	4:18	
11	Fiona Ely	368	27:26	62	9:20	1:03	17:03	2:08	5:29	
12	Gary Blake	320	24:55	49	7:25	0:27	17:03	2:08	4:59	
13	David Page	310	20:18	19	2:55	0:00	17:23	2:28	4:04	
14	Wayne James	119	23:10	35	5:15	0:00	17:55	3:00	4:38	
15	Greg Foran	171	22:18	22	3:20	1:03	17:55	3:03	4:28	
16	Irene James	60	27:11	58	8:45	0:00	18:26	3:31	5:26	
17	Mark O'Brien	33	35:41	50	7:30	0:18	27:53	12:58	7:08	